

# Tiger Newsletter

October, 2024



### Principal's Message

Happy Fall John Still Families! We are getting into the first guarter/trimester of the year with a lot of energy and excitement! It was great to see so many of you at Back-to-School Night and we have had two great turn outs at our first Coffee Chats! I am looking forward to many more! Our first School Site Council and ELAC meetings are just around the corner and all are invited. We are continuing to focus on Anti-Bullying as October is National Bullying Awareness Month. John Still is not immune from the tragedies bullying can bring. Please talk with your children about speaking up to a trusted friend or adult if they are being bullied and remind them of our District's bullying criteria; ongoing behaviors, done intentionally, and an imbalance of power, (by a person who is usually bigger, stronger, or more clever). Thank you and help us bring awareness and an end to this behavior!

#### Upcoming Events

10/1 - School Site Council/ELAC Meeting at 3:15 pm
10/3 - Picture Day
10/4 - Progress Notices Issued
10/10 - Scholastic Book Fair this Week!
10/21 - Wear Your Spirit Wear this Week!
10/25 - Principal's Coffee Chat at 8:15 am
10/30 - Fall Boo Fest 5:00 pm until 7:00 pm



# Indigenous Peoples' Day: Monday, October 14th

On Indigenous Peoples' Day, we honor America's first inhabitants and the Tribal Nations that continue to thrive today. Indigenous Peoples' Day is a holiday in the United States that celebrates and honors Native American peoples and commemorates their histories and cultures. On Indigenous Peoples' Day, we honor America's first inhabitants and the Tribal Nations that continue to thrive today.

The initial movement setting aside a day to honor Indigenous People was instituted Berkeley, California, in 1992, to coincide with the 500th anniversary of the arrival of Columbus in the Americas on October 12, 1492. Two years later, Santa Cruz, California, instituted the holiday, followed by many other cities and states.

On October 8, 2021, U.S. President Joe Biden became the first U.S. President to formally recognize the holiday, by signing a presidential proclamation, and Indigenous Peoples' Day is now celebrated across the United States on the second Monday in October.

Source: USEmbassy.gov

# October is Filipino American History Month

Filipino Americans are the second largest Asian American group in the nation and the second largest ethnic group in California. The celebration of Filipino American History Month in October commemorates the first recorded presence of Filipinos in the continental United States, when Luzones Indios, native Filipino sailors joined the Spanish navy as labor during the Manila-Acapulco galleon trade, came ashore from the Spanish galleon Nuestra Senora de Esperanza and landed at what is now Morro Bay, California, on Oct. 18, 1587. After years of advocacy by individuals and organizations, in 2009 the United States Congress recognized October as Filipino American History Month. Various states, counties, and cities in the U.S. have established proclamations and resolutions declaring observance of Filipino American History Month.



### National Bullying Awareness Month

October is National Bullying Awareness Month, a time to remember the importance of fostering safe and supportive environments. School bullying—whether through hostile comments, discriminatory actions, or other forms of intimidation—should never be tolerated.

By promoting kindness, inclusivity, and respect, we can create a school environment where everyone feels valued and respected. Together, we have the power to make bullying a thing of the past and build a better, more compassionate world.

#### Source: NIH.gov



#### Thank You Mrs. Yang!

Bilingual aide, Khou Yang, served her last day at John Still TK8 after accepting a position at a nearby SCUSD site. She served as an aide, translating in meetings for our Hmong families and assisting with small groups for Kinder through third grade classes regularly for the past 7 years. While at John Still, Mrs. Yang was an integral part of completing ELPAC testing and even assisted with our West Campus yard duty for a short time. We wish Mrs. Yang the best at her new school site!





# It's a "Three-Peat" for John Still's Elementary Team

Congratulations to the John Still Elementary Nutrition staff and Plant Manager!

The Sacramento County Environmental Management Department recently recognized our team with an award for Food Safety Excellence. The award honors John Still's elementary campus for its commitment to maintaining excellent food safety standards. This year marks the third time our team has earned a perfect score on its county health inspection.



#### \*NEW\* Food Scraps Program

Last month, our students learned about California's Food Scraps Program during school assemblies. At John Still TK-8, we are committed to reducing organic waste by sorting cafeteria waste into three bins: landfill, recycling, and food scraps. This initiative supports California's goal to cut organic waste in landfills by 75% and increase food recovery by 20% within the next year.

By properly sorting waste, we can help the environment, reduce harmful methane emissions from decomposing food, and turn scraps into valuable compost for the soil.

Source: Breathe California, Sacramento Region

## Your Voice Matters: We are a Community School

John Still TK-8 is one of several SCUSD <u>community</u> <u>schools</u> focused on building strong partnerships with families and local organizations to support student success. This work follows the <u>National Education Association's</u> vision of a *great public school for every student.* and we are excited to work with you this year!

Katie Burns (katherine-burns@scusd.edu) has joined the John Still TK-8 staff as your Community Schools Specialist, and she is looking for parents/caretakers to form our **Community Schools Implementation Team (CSIT)**. Please complete <u>this form</u> if you would like to participate or learn more about our goals.





# Tiger October Sporting Events

Fall sports are in full swing at John Still! Our students are excited to participate in flag football and volleyball. Here's when you can catch the action:

- Elementary Flag Football: Games on Wednesdays throughout October
- Middle School Flag Football: Games on Tuesdays
   throughout October
- John Still Volleyball Team: Competing on Mondays and Wednesdays

For game schedules and locations, please visit the **John <u>Still website</u>**. We hope to see you there cheering for our teams!

#### Our Tiger Spirit Shines Bright!

Our middle school students recently celebrated the start of the fall sports season with an energetic sports rally. The event featured a football toss relay and introductions of our cross country, flag football, and volleyball teams. The volleyball team even challenged the staff to a friendly match! Go Tigers!





#### Yearbook Pre-Sale Through October 31st

Stop by the school office or use the QR code above to reserve your copy of the 2025 John Still TK-8 yearbook.

The pre-sale price of \$25.00 is available until 10/31/24.



#### Get Your TIGER Spirit Wear!

Tiger spirit wear is available in limited quantities. Stop by the front office with cash to pick up your spirit wear today!

- Tees: \$15
- Hoodies: \$25

# Visit the John Still TK-8 website for the latest updates and information.