



Bike Safety and Maintenance Class Permission Slip

MUST BE SIGNED AND RETURNED IN ORDER TO PARTICIPATE

Purpose The bike safety and maintenance class is designed to get students active, introduce bike and road safety, and develop confidence and appreciation of bicycling. Students who participate in the bike classes receive instruction to improve bike handling and basic repair and Maintenance skills which are invaluable for maintaining a safe bicycle and sharing the road with other vehicles.

Program Objectives

The bike safety and Maintenance class is part of SABA’s goals to:

- Increase daily physical activity and safety
- Reduce traffic in and around schools
- Increase awareness of the multiple benefits of riding bikes

Potential Risks: The bike safety and Maintenance class is a voluntary activity using quality education, instruction, and active participation designed to reduce the risk of injury when traveling by bicycle. However, there are inherent risks associated with riding bicycles and those risks may be present during the safety and maintenance training course.

Voluntary Consent:

I understand and acknowledge that my youth(s) participation in this activity is completely voluntary and as such is not a required school activity.

I understand and acknowledge that in order for my youth(s) to participate in this activity, I agree to assume liability and responsibility for any and all potential risks that may be associated with participating in bike safety and maintenance activities.

I understand that my youth/youths’ participation in bike safety and maintenance activities is a privilege and not a right. As such, I have explained to my youth(s) the need for good behavior and accept that should my youth(s) disobey the bike safety and maintenance class rules, he/she may be asked not to participate.

I understand and agree that my youth(s) may be taken for medical assistance in the event of serious injury and I agree that I will be solely responsible for any and all costs incurred as a result. I further agree that my youth’s/youths’ school, district, and Sacramento Area Bicycle Advocates, their employees, officers, agents, or volunteers shall not be held liable for any injury, illness, and/or property damage suffered by me which is incident to and/or associated with preparing for and/or participating in this activity.

I certify that I have read this consent form or it has been read to me and that I understand the potential risks. By signing this form, I agree to allow my youth(s) to participate in the bike safety and maintenance class. I acknowledge that while adult(s) will supervise youths, they will not take personal responsibility for the safety and welfare of individual youth.

Youth’s Name Age

Parent/Guardian’s Name (printed)

Parent/Guardian Email

Youth’s Homeroom Teacher (if applicable) School

City of Residence

Signature of Parent or Legal Guardian Date

Voluntary Media Release ___I grant ___I do NOT grant

SABA, its representatives and employees the right to take photographs of my youth(s) while attending the Bicycle Safety Class. I authorize SABA, its assigns, and transferees to copyright, use, and publish the same in print and/or electronically. I agree that SABA may use such photographs of my youth(s) for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and Web content. SABA will not publish specific information about any student including the student’s name.

